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# UCLA & UC PROGRAM OPTIONS

Global Bruin Testimonials

STUDY ABROAD TIMELINE

AND R.

ABROAD FAIR

**TUES., OCTOBER 15** 11 A.M. - 3 P.M. **ACKERMAN GRAND** BALLROOM

> Why Study Abroad?

> > REASON

Presented by:

UCLA

**Study Abroad** 

# STUDY ABROAD MONTH 2019

# Week 3

WED., OCTOBER 16 12 p.m. – 1 p.m. Study Abroad for Geography Majors Broad 2100A

### **THUR.. OCTOBER 17**

12 p.m. – 1 p.m. **Study Abroad for History Majors** Bunche 6275

### FRI., OCTOBER 18

2:30 p.m. – 3:30 p.m. UCEAP/Accent Europe Info Session Bunche 10383

## Week 4

**MON., OCTOBER 21** 3:30 p.m. - 4:30 p.m. Summer Organic Chemistry Abroad Info Session Bunche 10383

### **TUE., OCTOBER 22**

12:30 p.m. – 1:30 p.m. Study Abroad for Engineering Majors Mong Learning Center (EE-VI, #180)

### WED., OCTOBER 23

12 p.m. – 1 p.m **Study Abroad for Psychology Majors** Broad 2100A

1 p.m. – 2 p.m. Study Abroad 101 Dodd 161

2 p.m. – 3 p.m. Study Abroad for Economics/Business Economics Majors TRD

### **THUR., OCTOBER 24** 6 p.m. – 7 p.m. First to Go Abroad Bradley AB



# Week 5

MON., OCTOBER 28 2 p.m. – 4 p.m. Study Abroad for Political Science Majors Public Affairs 2232

**TUE., OCTOBER 29** 12 p.m. – 1 p.m. Funding Study Abroad 101 TBD

WED., OCTOBER 30 3 p.m. – 4 p.m. Study Abroad in the Spanish Speaking World Kaplan 135

# Week 6

TUE., NOVEMBER 5 2 p.m. – 3 p.m. Study Abroad 101-Online Online

# Week 8

### **TUE., NOVEMBER 19**

4 p.m. – 5 p.m. Study Abroad for Asian Languages & Cultures Majors Royce 245



### Presented by:



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# RSVP at ieo.ucla.edu/studyabroadmonth

# STUDY ABROAD GUIDE 2019 3

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# Tue, Oct. 15 11am-3pm Ackerman Grand Ballroom

# Explore your study abroad options at the annual UCLA Study Abroad Fair!

### All Bruins are invited to explore:

- 100+ study abroad programs
- International service opportunities
- Financial aid and scholarships
- Passport application information

**RSVP TO:** IEO.UCLA.EDU/STUDYABROADFAIR

> Presented by: UCLA Study Abroad





# EDINBURGH AND THE HIGHLANDS

### Written by Alexis Harmon Trinity College, Dublin 2019

UCEAP plans occasional trips for students so we can stay connected and explore the regions we're in. One such trip was a weekend trip to Edinburgh, where the UK/Ireland UCEAP headquarters is, and the Highlands.

On Friday and Sunday we were given freedom to explore the city, but Saturday was packed with a fantastic bus tour that took us all over the southwestern Highlands. UCEAP covered the cost of the bus tour, a hostel on Friday and Saturday night which included breakfast (rooms where shared only by UCEAP students), and our flights. Friday was a quiet evening for most students as we had an early morning ahead.

### SATURDAY TOUR

We ate together at 8 AM and left at 9 in a large, comfortable coach. There were 28 students in total, plus 3 lovely UCEAP staff members.

We generally traveled no more than 1.5 hours at a time, and our tour quide was an endless fount of information whenever we were in motion. As much as I loved this, my favorite part was probably exploring the sites we stopped at.

### DUNKELD

Our first stop was Dunkeld, a small town about an hour and a half outside of Edinburgh. The town itself looked like most small LIK towns, but was distinguished by its situation upon River Tay and its crumbling cathedral. Construction of the imposing cathedral began in 1260, but over time it has been rendered eerie and even more striking by its disrepair. Large portions of the roof have fallen in but the bell tower is intact and the bell-ringer played music almost the whole time we were there. I opted to hike the grounds around the church instead of exploring the church itself, and I immersed myself in the woods with beautiful glimpses of the river and this little peek of the bell tower behind me.

DUNKELD HERMITAGE

Only 10 minutes away was The Hermit-

age, an expanse of woods containing

Ossian's Hut, an old hermitage over a

waterfall. The riverside hike was beauti-

### approached

But my goodness! Once you got inside the hut and viewed the waterfall, it was stunning. This site may have been the highlight of the tour and the picture below will show you why. It's three times as big as it looks in the picture and the roar is immense.

### PITLOCHRY

Another notable stop was Pitlochry, a town on a dam where we ate lunch. Many students went to the cute cafes along the main boulevard, but as we had only 1.5 hours here I just grabbed snacks from Co-op and headed to the loch to wander its banks. This tranquil spot is where I enjoyed my picnic.

### **OUEEN'S VIEW**

Only 20 minutes away was an incredible vista of a gorgeous loch and a glen, an iconic Scottish highlands view.

### **DRIVING HOME**

We had an afternoon appointment at Glenturret Distillery the oldest continuously working distillery in Scotland, where we learned how whiskey was made. Finally, we headed home and were treated to a lovely rainbow.

### EDINBURGH

On Sunday we had breakfast together then checked out the hostel, setting out to explore the city. The Old Town is guite compact, but rich with beauty. It inspired Hogwarts and the buildings clearly show why. First of all, their university literally looks like a castle.

Secondly, they have an actual giant castle on top of a huge hill that the old town sprawls out from.

Victoria Street directly inspired Diagon Alley. The picture's colors look dull, but the shops are vibrant in person.

And of course there is Tom Riddle's grave. Turns out J.K. Rowling stole the

### **CHANCELLOR'S VISIT**

A few weekends prior I had actually been flown out to Edinburgh with two other students to meet UCLA Chancelful and the hut looked interesting as we lor Block. We had lunch and talked for





several hours about how we thought the program could improve, especially regarding accessibility of study abroad programs. He was warm and receptive, making us feel like we were truly heard.

### CONCLUSION

UCEAP gave me the opportunity to explore one of my new favorite European cities, see the Highlands (a part of the country that is often inaccessible to young travelers on a budget), and even offer my opinion to leadership on the



program itself. I am extremely grateful to have been privileged with two separate UCEAP trips to Edinburgh. All I can say is that if UCEAP is having a group trip, definitely go!

# How my experiences in **Ghana** are preparing me for global citizenship

Written by Ashley Young, University of Ghana 2018





## STUDY ABROAD GUIDE 2019 5

Globalization was all the rage of the early 2000s, and it is still of major importance today. As our world becomes increasingly more connected, different cultures meet and merge, economies become highly interdependent, and access to the internet is expanded to even the most rural and restricted areas, the idea of global citizenship has taken on new importance. Understanding places, social systems, peoples, languages, and cultures other than your own is highly valuable and can be readily used in the work place as well as personal daily life. I believe that studying abroad is one of the best ways to adopt a global outlook and prepare

yourself to be a global citizen, and so I thought that in this post I would share some of the key experiences I have had in Ghana that have prepared me for global citizenship. This post will be comprised of ten individual photos that each have a caption fulfilling the statement: "Studying abroad in Ghana has prepared me for global citizenship by..." Each photo was taken during my time in Ghana and corresponds directly to its caption! Enjoy!

Studying abroad in Ghana has prepared me for global citizenship by...











ng my knowledge of how globalization has pacted Ghana and how globalization affects the national community



# **Cheese, Chocolate** and Globalization!

Written by Jason Vu, UCLA Summer Travel Study 2019, "Global Challenges in Postcolonial France"

What's one way of studying globalization in Paris? Why not a tour of some of the best chocolate and cheese shops in town?



After our first week of classes. Prof. Behdad announced that he would be leading an optional excursion on Saturday to local cheese and chocolate shops in Paris. At each store, we would have the chance to sample products (all covered by our program too!) and speak to a few of the workers.

Prof. Behdad gives an introductory lecture before we begin our tour Before we began our cheese and chocolate tasting, however, Prof. Behdad made sure that we would learn something from this experience by starting our excursion with a lecture on chocolate's relationship to globalization. In a short amount of time. Prof. Behdad discussed the history of chocolate as we know it and its relationship to colonization and technological advancement. Far from pure entertainment, our trip was meant to give us a direct and intentional experience of globalization as it was shaped by historical interactions. With an added laver of background, we were finally ready to head out to our first Parisian chocolatier.

After getting off the metro in the historic district of Paris known as Le Marais, we walked a bit through some old, windv roads to our first stop: Edwart Chocolatier. At the shop, we were areeted by the friendly owner who proceeded to add to

what we learned from Prof. Behdad with a brief presentation of his own Once he finished his talk, we moved on to the tasting portion of our program. Rather than having us all sample the same chocolates. the owner decided to spice things up by choosing our individual samples based on how we each answered his questions. For example, he would ask where we were from. our preference for milk or dark chocolate, and whether or not we were adventurous. Based off my answers, I got a piece of chocolate that includes hints of mustard and wasabi, making it slightly spicy! I was culture that is a must on any trip. surprised by the combination, but it was tasty all the same. After buying some chocolate to bring home, we headed out to our next chocolatier. Pierre Hermé.

Unlike Edwart Chocolatier, Pierre Hermé was much larger and had a variety of other sweets other than chocolate like ice cream, macarons, and other pastries. Our focus here, though, was trying the chocolates made in-house by their workers. Since our group was so large, we couldn't sample the chocolates inside so instead Prof. Behdad picked up our order of chocolates and we sampled outside. The chocolates from this store tasted much more like traditional chocolate with the exception of some samples that had hints of fruits and nuts added in as well. Once we finished our samples

at Pierre Hermé, we went to one other chocolate shop before heading to a fromagerie or "cheese shop"

The fromagerie we were headed to was fortunately within walking distance of our last chocolate shop, and it wasn't long before we arrived. As a big fan of cheese, I was overjoyed by the variety of cheeses in front of me. Brie, Gorgonzola, Camambert— these were all cheeses I was super excited to sample. While not as related to globalization as chocolate, cheese is an essential part of French

Prof. Behdad picked up our plate of cheeses and within minutes. we found a cozy park to sit in and began sampling our vast assortment with some complimentary bread. Every kind of cheese we had was different from the others and tasty in its own way. By the end of our small meal, I was stuffed and happy. The cheese tasting marked the end of our tour and was my signal to take a long food nap









# **PRUTEHILITEKYAN** (PROTECT RITIDIAN)

communities first





# STUDY ABROAD GUIDE 2019 7

### Written by Tecpatl Kuauhtzin, UCLA Summer Travel Study 2019, "#NativeJustice: Social Movements in Guam"

In class, we learned about a movement on Guam to protect a sacred site known as Litekyan. The local Chamoru community is trying to raise awareness and seize the destruction of the land by the United States Marines. The Marines plan to use a segment of Litekyan, which is currently open to all, to serve as a firing range. Although they will not use all of Litekyan, their environmental impact will damage the entire area and if they build their range, the entire land mass will not be available to the outside public, including the indigenous Chamoru people that have taken care of the region for thousands of years. We were fortunate enough to engage in the demonstration and meet members of the community that were passionate about protecting their sacred sites. Being these reminded me of home and our Protect The Sacred rallies on the mainland. I came across Amber, a Chamoru woman who was holding up a familiar sign. I introduced myself and my communities, explained what I am doing in Guam and asked her if I could take her portrait. Telling this story is important to me because it hits very close to home. Constantly, we are struggling against desecration of our sacred sites as Indigenous Peoples all over the world. Furthermore, we are constantly having to be at the forefront of environmental protection because it impacts our

It was beautiful to see families and youth demonstrating together. The signs the community was holding up were very thought provoking, and I was surprised to see that many cars passing by honked in support. The movement is growing.







# TRAWEL THE WORLD WITH UCLA FACULTY!

Program options span a wide range of subject areas. Enrollment is open to students from any college, major or minor. Scholarships and financial aid available to qualified students!



Course offerings are subject to change.



SUMMER TRAVEL STUDY **REGISTRATION OPENS** NOV. 15, 2019.

FOR MORE INFORMATION, VISIT IEO.UCLA.EDU/ **TRAVELSTUDY.** 



# STUDY ABROAD GUIDE 2019 9

# **UCLA & UC Study Abroad Program Providers**

Whether you want to study abroad for a year or just a few weeks, with UCLA faculty and students or immersed in a university abroad, there is a study abroad program for you.

### UCLA SUMMER TRAVEL STUDY

ieo.ucla.edu/travelstudy 24+ Programs / 16+ Countries

### **UCLA Summer Travel Study**

Study on location around the world for three to six weeks on a summer program led by UCLA professors. No minimum GPA required. Earn UCLA credit and fulfill degree requirements.



### **UCLA Exchange**

Experience a more focused study abroad program specific to your major. Earn transfer credit for summer and semester terms. Tuition fees are waived.







### **UC Education Abroad Program** Earn credit toward your degree while

studying at one of UCEAP's 100+ partner institutions for a summer, semester or academic year. You can also complete an internship or do research.

ieo.ucla.edu/exchange/ globalcities

### **GLOBAL CITIES**

Immerse yourself in two cultures and two campuses during summer. Spend half your summer abroad and half at UCLA, earning UCLA/UC credit up to 16 units.

## All programs are eligible for financial aid!

### Written by Andrea Zheng, UCLA Summer Travel Study, "Mexican Identity: Literature and Culture," Mérida 2019

I always knew that I wanted to study abroad during my time in college, I just never knew where it would be. After picking up a Spanish minor, it seemed a logical choice to take some upper division Spanish classes abroad. I had always heard good things about the Spain UCLA Travel Study program where you get to visit Barcelona, Madrid, and Granada, so I attended an info session to learn more about the program.

It was there that I learned about the Merida program. While I was interested in the Spain program because I would have classes in three different cities (and come on, who wouldn't want to go study in Europe), as soon as I heard that the Merida program had a homestay component to the program, I was sold.

Don't get me wrong, I was very apprehensive about a homestay, because my Spanish isn't at the level where I can comprehend and respond Spanish without doing a quick translation in my head and planning (to some extent) what I want to say. However, I believe that there is no better way to fully immerse myself into the culture and improve my Spanish than putting myself in a situation where I would have ample opportunity to practice the language.

Instead of staying in a local hotel, we were each put in a house of a local mamá, in groups of normally two or three. Having others in the house really helped because when I didn't know what my mama was saying, my roommate was able to help translate and I also had a study buddy just across the hall.

The BIGGEST plus of the homestay was my beyond incredible mamá. From the second I got off the plane, she insisted that I call her "mamá" and in return she always called me "hija" or "child" in Spanish. And that's how it felt during my time there, as if she was my mom there for a month. I could easily talk to her about anything and everything, from help with school work to what I want to do in the future.

I remember once, we had to do a presentation on Yucatan food in class and wanted to make a traditional dish. Our mama sat with us and brainstormed dishes and once we decided on one, she dictated the recipe to us as we prepared the food. This is just one of the examples of how willing she was to take time out of her day to both spend time with us and help with anything we needed.

Being in an environment where my mamá only spoke to me in Spanish and I in turn responded in Spanish forced me out of my comfort zone. But even though I would sometimes say things incorrectly (and I thank my mamá for only minimally laughing at me when I mixed up words) my confidence in my own ability to speak grew tremendously.

At the beginning of the trip, I would mostly just respond with "si" and the conversation would end there, but by the end of the trip, I was willing to ask follow-up questions or elaborate on answers given. I truly don't think that my Spanish would have improved as much as it did if I hadn't done a homestay program where I was constantly surrounded by the opportunity to converse with others in Spanish.

I could never thank my mama enough for how much she made Merida feel like home for me on this trip and having the experience that I did, I can't imagine doing a study abroad trip that isn't a homestay program.











Written by Deran Chan,

During the last week of my study abroad experience I had the opportunity to eat at Sushi Kanesaka, a 2 star Michelin restaurant next to Tokyo Station. I had my fair share of sushi during my stay, but I really wanted that "wow experience" before going back to the states. I went with my friend Duke and we made lunch reservations a week in advance.





# **Omakase and** World Trade Center

### International Christian University, Tokyo 2018

The restaurant is located inside the lovely and modern Palace Hotel on the 6th floor with 12 seats atop a wooden counter. The atmosphere was great. It's warmly lit with cool square spotlights that aren't too bright and definitely set the mood. It was a nice mix of locals coming in from work and a group of friends traveling from Thailand celebrating a birthday. We ordered the omakase (roughly translates to "I trust you" from Japanese), which essentially gives the chef the freedom to

serve us whatever he sees fit. We were served tuna yellowtail, octopus, squid, and abalone – to name a few. This was without a doubt the best sushi I have had in my entire life. The courses flowed together in perfect harmony and I loved anticipation/excitement in between every dish. The service was hospitable and polished but not overly formal. Prices start at ¥6500 for lunch, and I recommend coming for lunch to save you from paying the premium of a dinner menu. A 10/10 experience.

After lunch, I visited the observatory on the 40th floor of the World Trade Center Building. The ¥600 fee to the top is extremely worth it, and the WTC's prime location next to Hamamatsucho Station make it easily accessible as well. The panoramic views are completely surreal, and I felt as though I was looking at a painting. Off into the distance

you can see Mt. Fuji, Skytree, Tokyo Tower, many – many skyscrapers, and Tokyo Bay. My friend left right after to take a final, but with the help of strategically places chairs and a self-timer on my Canon camera – I managed to get a few good photos.

Despite never visiting the World Trade Center. it was a very nostalgic experience. Every corner I turned, I could look out into the distance and a memory from the past immediately popped into my head. On one end I could see the Odaiba Ferris wheel where I visited teamLab borderless and Tokvo DisnevSea, while on the other I saw Chiba prefecture where I played countless tennis matches with Footloose and made so many amazing memories. What an experience. What a day.



















# REASONS TO LINE STUDY ABROAD



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# STUDY ABROAD TIMELINE: A Plan for Success



## EXPLORE Now!

PLAN

 Consider academic offerings, term, length, cost location, financial aid eligibility, etc. today! It's never too early to think about study abroad.



### APPLY 6-10 Months Ahead

- Apply ASAP to secure space!
- Applications are due 6-10 months, or in some cases as late as 3 months, before your program starts.



# 6-10 Months Ahead

- Renew or apply for a passport, if necessary
- Review your degree requirements with your academic advisor to determine what credit you need to complete abroad, if any.
- Form a budget
- Apply for scholarships



# CONSULT

- 6-10 Months Ahead
- Gain perspective from past students. The IEO can connect you with returnees!
- Explore resources offered by IEO, such as info sessions, webinars and other events
- Seek guidance from your academic and study abroad advisor



# PREPARE

## 1-5 Months Ahead

- Submit paperwork
- Purchase flight
- Apply for visa, if necessary
- Research/familiarize yourself with your study abroad location
- Review health and safety information and plans
- Contact bank and cell phone providers
- Pack



## Bon Voyage!

 Study abroad! Have a safe, fun and educational trip

# 2010GLOBAL BRUIN TESTIMONIALS

The time I spent and the experiences I had in Denmark prompted immense personal growth and allowed me to foster deeper global connections. I feel I have become more independent, self-reliant, and confident in myself as a result of my time in Copenhagen. Chloe Zgorzelski, University of Copenhagen, Denmark





My education at UCLA was dramatically improved by my experience in New York this summer. In part because I truly became a global citizen, and got to experience and interact with many of the actors I had only learned about in my Global Studies courses. And because the program exposed me to a variety of potential career options and paths I had not previously considered.

Kyra Baffo, UCLA Summer Travel Study, "Global Governance and the United Nations System, New York City"



# STUDY ABROAD GUIDE 2019 15



The faculty on this program were absolutely incredible. Andrea Moudarres (our professor) and Federica Di Blasio (our TA) are two of the best faculty members I have had during my time at UCLA. They were both great at teaching their classes, but what really made them incredible was how we were able to bond with them. Jessica Helfond, UCLA Summer Travel Study, "Renaissance and Modernity, Rome" I had so many wonderful experiences in the past few months that I cannot narrow them down to just a few. However right now, I am thinking about going to the squash team's formal, looking at the entire city from UCT's campus, having an impromptu going away party at the Soweto Towers, high tea at the Victoria Falls Hotel, going skydiving, turning 21 in Namibia, going white water rafting, hanging out with my South African friends after class, participating in Food Jam's Cooking Class with other UC students, exploring Table Mountain, meeting awesome people on airplanes, and watching the sunset from Signal Hill, a site that always took my breath away. Kelli Hamilton, University of Cape Town, South Africa





As I reflect on my trip, I am so grateful to have had the chance to take that leap of faith and book that ticket. Since being back to Los Angeles, I have a new excitement for exploring and finding new experiences in my own city. Carly York, UCLA Summer Travel Study, "Global Challenges in Postcolonial France, Paris"

# **Snapshots From Abroad**

Study abroad students share photos from their travels on the International Education Office's Instagram account! Follow UCLA International Education Office on Instagram @uclaieo and share your experiences using **#BruinsAbroad**.





### 🛡 188 likes

"Bienvenidos a Merida! It's easy to fall in love with this cute city filled with color and energy. Here, we are in the main plaza of downtown Merida, hanging out and getting to know this city that we will call home for a month." @andreazheng8, UCLA Summer Travel Study, "Mexican Identity: Literature and Culture, Merida"





### 🛡 113 likes

"Bath is a beautiful English village, and looks like the English countryside straight from the movies. The city center has lovely architecture, and heralds the Roman Baths, ancient remains of the outdoor baths that the Romans used to have. Outside of the city center is a river that runs through the town amidst much greenery, as well as old churches and bridges." Michelle Lin, UC Center London









